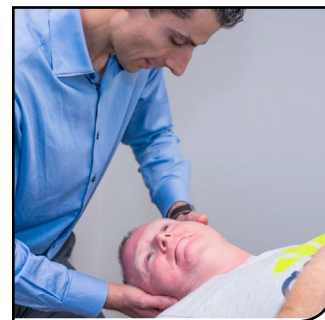
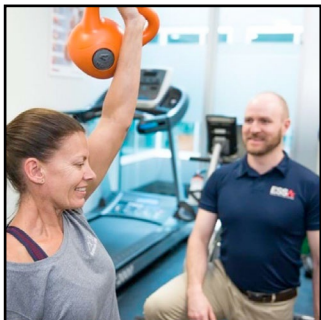
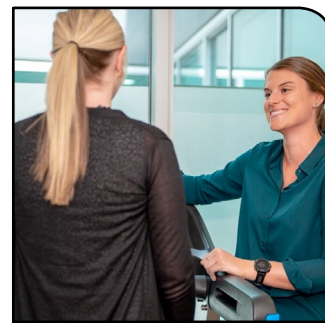




EXERCISE
FOR REHABILITATION & HEALTH
Exercise Physiology and Physiotherapy

APPLICATIONS NOW OPEN!

FOR OUR 2020 GRADUATE PHYSIOTHERAPY POSITIONS
& GRADUATE PLUS+ PROGRAM



THIS IS QUITE AN EXTRAORDINARY OFFERING...

A PERMANENT PHYSIO POSITION
COMBINED WITH A NEW
GRADUATE/PRIVATE PRACTICE READY PROGRAM

ARE YOU THE PHYSIO WE ARE LOOKING FOR?

If so, you will be:

- Incredibly **passionate** about helping people move well and feel awesome!
- Constantly **seeking to grow** personally and professionally.
- Feel inspired to work in a **credible practice**, in a **stylish building** with **boutique treatment rooms** and rehabilitation gym.
- Excited to work with one of Australia's most credible and experienced Health Professionals, Exercise and Sports Science **Exercise Physiologist of the Year** Finalist 2018, Radio and **Network TV presenter**, guest writer and events presenter for Diabetes Victoria, contributor to the ESSA 'business start-up' guide, former **postgraduate lecturer** and **authority** on the Physiotherapy and Exercise Physiology Collaborative **Private Practice model**, as your leader and mentor.

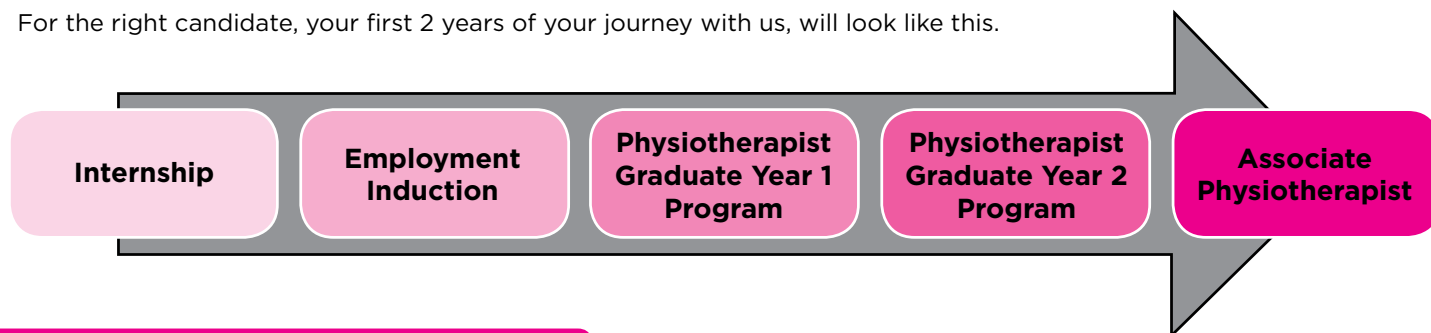
OUR GRADUATE PROGRAM AT EXERCISE FOR REHABILITATION & HEALTH

We know that as a Graduate Physio, you want your first job to be one that is supportive. You want opportunities to be **mentored**, to learn, and give you that **kick start** that you need to be a **great Physio** and have a fantastic career.

We also know that you need to transition slowly out of a university mindset (yes we get it, we've been there). That's why, at EFRH, we've created our **graduate plus+ program** - for you!

New graduates will be well supported through our 2-year Graduate Program including an internship/transition program which ensures that you are private practice ready. The internship component runs for half a day a week for 6-8 weeks and allows you the opportunity to shadow practitioners, see daily operations and be apart of case conferencing/professional development sessions before transitioning across to your position as a graduate physiotherapist.

For the right candidate, your first 2 years of your journey with us, will look like this.



WHAT DOES IT LOOK LIKE?

1. Your comprehensive **Private Practice Induction and Training Package** includes everything related to being an industry leading private practice physio.

Topics Include:

- How to interact with clients, deliver great consultations, develop a trusting relationship and **achieve awesome outcomes**
 - How to **retain clients** and **become the Physio everyone wants to see!**
 - Learn when to book a client in and how frequently
 - Following a management plan
 - Developing world class **diagnostic skills**
 - Delivering effective **hands on treatment** to make your clients shout your praises to all of their family and friends
 - Navigating the Workers Compensation process
 - Creating **professional** GP and Specialist letters
 - Utilising a virtual assistant - yes, **you get your own VA** to type all of your notes and letters!
 - How to effectively work with Exercise Physiologists and other health professionals to create long term **raving fans!**
 - How to **nurture referrers** so that they never want to refer anywhere else and,
 - **So much more!**
2. You will be assigned a **partner** - someone who was recently a graduate, who can be your support, sounding board, someone to ask questions, and help you be successful, as well as a **clinical and non clinical mentor**.

3. **Consistent structured and 'in the moment' mentoring** from our team leader and senior clinicians utilising our **library of online resources**, case studies and in rooms treatment opportunities.
4. You will have the opportunity to discuss cases every week during **case conferencing** as well as your clinical mentoring session.
5. Graduated client load.
6. **Attending and observing orthopaedic surgeries** with our preferred network of Orthopaedic Surgeons as well as in room consultations with our extended health professional network including neurologists, audiologists, dietitians and podiatrists.
7. **Attend worksite visits, ergonomic assessments**, as well as field work to **risk assess** and implement best practice **manual handling principles**.
8. Learn how to **speak confidently on camera and on radio** to help thousands of people in the community as well as in the practice.
9. **Free** copy of "Becoming the Ultimate Physio" Book.
10. Work with one of **Melbourne's most recognised Physiotherapists** for Vestibular and Jaw rehabilitation.
11. Join our book club where you will have a guided personal development reading library.
12. You can also enjoy **external courses** in Dry Needling and Clinical Pilates, an iMoveu community introduction and training, and that's just in your first year!

THIS OPPORTUNITY IS UNIQUE

- Enjoy the benefits of **supported career pathways**
- **Mentoring** in a supportive environment
- Being a member of a team that is **values driven**
- **Internship/transition period** that allows you to gain exposure to the daily operations of the practice before commencing formal employment

THIS IS AN INCREDIBLE OPPORTUNITY TO GET A REAL HEAD START!

This position provides a variety of experiences including musculoskeletal, sports injuries, pre/post-operative care, compensable injuries, Vestibular and Jaw rehabilitation.

Opportunities also exist in Clinical Pilates, women's health, corporate health, and neurology as well as the opportunity to explore your areas of interest.



WHAT DOES ONE OF OUR CURRENT FIRST YEAR GRADUATE PRACTITIONERS HAVE TO SAY ABOUT HER EXPERIENCE WITH US?



When I returned from overseas, I started applying for graduate positions. I applied for as many jobs as I could, however Exercise for Rehabilitation and Health stood out from the very start **and it was the job I wanted the most.**

As a new grad, I was looking for a practice that offered mentoring, and allowed for growth and continuous learning. And **I hit the jackpot!** I have an amazing experienced clinical mentor, **who has set me up to be a great practitioner from the start.** His door is always open for whenever I have questions or just need to debrief. My regular focus sessions with either our Managing Director or Practice Manager is also something that I find extremely valuable.

All of my ideas are taken on board, and I always feel supported throughout. I know I've been set up for success in the future. I have grown tremendously as a practitioner within the last 8 months, but even as a person. I've learnt **valuable communication skills**, improved my **time management** skills and now have another family. I'm constantly challenged, and enjoy coming in to work everyday because I feel **confident in myself** and the others around me. We work so well as a team, and **I could not imagine working anywhere else.** I consider myself very lucky to have been selected for this position.

Samantha Hood (Accredited Exercise Physiologist)

WHAT ABOUT FROM A MENTORING PERSPECTIVE?

There is a distinct pattern that we notice in all new graduate physiotherapists that are looking to embark on a private practice career, that is, they have had limited to no experience in a private practice setting and are not private practice prepared.

As a Senior Physio with over 13 years clinical experience, I enjoy helping our grads to consolidate their knowledge, identify gaps, direct them to relevant resources as well as practically get in and work with them to **bridge the gap and set them up for success.** I'm really passionate about helping them to build the skills that they need to manage and **build a caseload.**

I'm very **hands on** with our practitioners, where we co treat, work on developing manual skills, as well as assessment and diagnostic skills, create treatment maps and management plans to ensure that our treatment is world class. It's a real buzz working with physio's that are motivated to do a good job and are willing to put in the work to reach their goal.

Peter Vitale (Principal Physiotherapist)



WHAT ARE OUR EXPECTATIONS?

We value **accountability** and provide **clarity** around expectations which include:

1. Living by our values of **#honestlywecare #wefindabetterway #weareworldclass** and **#wegoaboveandbeyond**.
2. Independently managing clients (assessment, diagnosis, planning, treatment, follow-up) with a team mindset.
3. Communicating with any relevant parties (GPs, specialists, insurance companies, etc).
4. Actively participating in activities to attract and retain our valued clients.
5. Conducting activities such as community seminars, regular team professional development and practice-based non-clinical activities.

REMUNERATION AND AGREEMENT DETAILS

After your internship period, you will commence work in a part-time capacity of between 28-30 hours per week (or as mutually agreeable) with the view to increase to full time as your clinical and client management skills progress.

This is a **permanent position** with a transparent remuneration structure that includes an annual salary, superannuation as well as **leave entitlements**. We believe in 'you get out what you put in', which is why we are so passionate about rewarding hard work and commitment. Your **remuneration is a direct reflection of the value that you bring** and is reviewed regularly.



THE ULTIMATE WAY TO SET YOU UP FOR SUCCESS



THIS IS WHAT YOU'VE BEEN WAITING FOR...



You will be warmly welcomed into our practice community, will be mentored for personal and professional growth and will enjoy additional perks such as **flexible working hours** as well as a **virtual assistant**. You'll feel proud to be **building something** of significance and influence, passionate about developing relationships with clients and contributing to a culture of fun, excitement and community!

Our **tailored position** provides an opportunity to transition from university to work life in a supported manner and mentored by industry leading professionals, attend regular **in-service programs** with **surgeons** and expert health professionals, and enjoy a **professional development allowance** for external courses.

You will be surrounded by experienced and well respected health professionals in an environment that will both challenge and inspire you.

Our practice is **fresh** and our approach is modern and collaborative - you will be part of a team that will become your **second family** and our practice values guides everything we do.



Start date is flexible and the plus+ is the addition of the young health professional transition program that is now available for the first time this year to ensure that you are private practice ready in the lead up to your formal employment commencement!

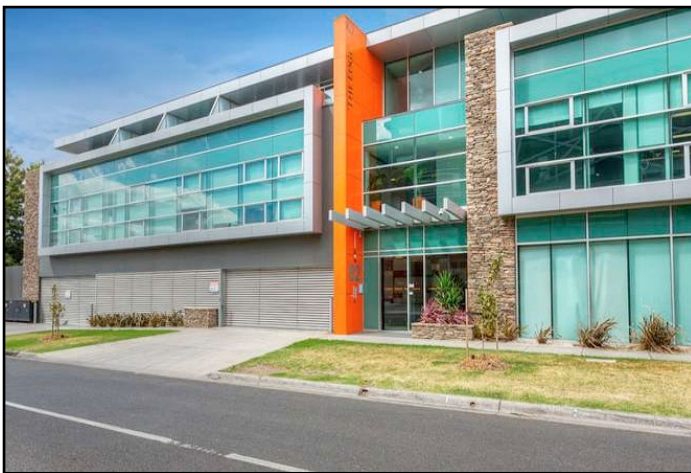
New graduates and Physiotherapists with 1-2 year's experience are strongly encouraged to apply to enjoy all of the benefits of our graduate training program. We are here to set you up for a successful and fulfilling health professional journey.

CAREER PROGRESSION

Great opportunities exist to further your career and follow your passion at Exercise for Rehabilitation and Health. We will work individually with you to build your desired career pathway whether it be related to further **education, travel, ownership** or something else that is really important to you.

LIFESTYLE

Located within 20 minutes of Melbourne's CBD, we are ideally situated in the leafy suburb of Essendon. With a tram stop right out the front and surrounded by parks and cafés, it is a great place to work.



HOW TO APPLY

If you think that you would be a good fit or just want to find out more, **please send an email to nicole@exerciserehab.com.au** with the subject **"I'M YOUR PHYSIO"** to express your interest and tell us why you are the absolute best candidate for our growing group. Be sure to include a cover letter and resume.

We look forward to hearing from you.

THERE ARE LIMITED OPPORTUNITIES AVAILABLE, SO GET YOUR APPLICATIONS IN EARLY!

STALKING US IS EASY

Visit our website

www.exerciserehab.com.au

Check out our careers page

www.exerciserehab.com.au/careers

FOLLOW US ON SOCIAL MEDIA



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