

## Graduate Physiotherpist Prospectus

## APPLICATIONS ARE NOW OPEN FOR 2022/23 PHYSIOTHERAPY GRADUATE PLUS+ PROGRAM

A permanent clinical position combined with a new graduate/private practice-ready program



## Are you the Physiotherapist we are looking for?

#### If so, you will be:

- Incredibly passionate about helping people move well and feel amazing
- Constantly seeking to grow personally and professionally
- Feel inspired to work in a supported practice with a personal development and clinical mentor assigned to support you
- Excited to work with some of Australia's most credible and experienced Health Professionals
- Ready to focus on your two year professional development and support schedule that is mapped out from the outset







## Our Graduate Program

We know that as a Graduate Physio, you want your first job to be one that is supportive. You want opportunities to be mentored, to learn, and give you that

kick start that you need to be a great Physio and have a fantastic career.

We also know that you need to transition slowly out of a university mindset (yes we get it, we've been there). That's why, we've created our GRADUATE PLUS+ Program!

You will be well supported through our 2-year Graduate Program including an internship/transition program which ensures that you are private practice ready. The internship component allows you the opportunity to shadow practitioners, see daily operations and be apart of case conferencing/professional development sessions before transitioning across to your position as a graduate physiotherapist.

For the right candidate, your first 2 years will look like this:

Internship

Employment Induction

Physiotherapist Graduate Year 1 Program

Physiotherapist Graduate Year 2 Program

Physiotherapy Associate

#### What does it look like?

Your comprehensive Private Practice Induction and Training Package includes everything related to being an industry leading private practice Physio.

#### Topics Include: -

- How to interact with clients, deliver great consultations, develop a trusting relationship and achieve awesome outcomes
- How to retain clients and become the Physio everyone wants to see!
- How to use treatment mapping and clinical decision making to determine treatment frequency
- Development of a management plan
- Developing confident diagnostic skills
- Delivering effective and confident hands on treatment
- Navigating the Workers Compensation process
- Creating professional GP and Specialist letters
- How to effectively work with Exercise Physiologists and other health professionals to creative long term raving fans!
- How to nurture referrers so that they never want to refer anywhere else and,
- So much more!

#### The best part is, you will: -

- 1. Be assigned a partner someone who was recently a graduate, who can be your support, sounding board, someone to ask questions, and help you be successful, as well as a clinical and non clinical mentor
- 2. Receive consistent structured and 'in the moment' mentoring from our senior clinicians utilising our library of online resources, case studies and in rooms treatment opportunities

- 3. Have the opportunity to discuss cases every week during case conferencing as well as your clinical mentoring session
- 4. Have a graduated client load
- 5. Observe orthopaedic surgeries with our preferred network of Surgeons as well as in room consultations with our extended health professional network
- 6. Have diverse learning opportunities where you can learn how to conduct ergonomic assessments, risk assess and implement best practice manual handling principles
- 7. Receive mentoring for public speaking and media so that you can communicate confidently on camera and on radio to help thousands of people in the community as well as in the practice
- 8. Have complete access to our full library of audio books with guided reading pathway
- 9. Have the ability to work with some of Melbourne's most recognised Physiotherapists for Vestibular and Jaw rehabilitation as well as musculoskeletal Physiotherapy
- 10. Have the opportunity to be immersed in a positive and inclusive culture
- 11. Have a supportive team of 10 other practitioners to bounce ideas off and work alongside
- 12. Be fully supported by a full time administration team and practice manager

# What our Clinicians say about the **Graduate Plus+** Program

Jamie Broadbent - Physiotherapist



Working through the program has provided me great structure, purpose and opportunities to deliver services at a community level. You get to experience a wide variety of conditions and injuries that come through the practice, whilst the opportunity to learn different manual handling techniques and treatment ideas. There's plenty to gain during the regular professional development sessions and you are well supported throughout your journey.

Hayley Owens - Exercise Physiologist



Applying for a job after my studies was overwhelming, but I knew I needed somewhere that would facilitate both professional and personal growth. Exercise for Rehabilitation and Health gave me guidance and time to really understand myself, build trust in my skills and understanding of complex conditions, and ultimately led me to becoming highly specialised in an area that very few chose to enter into.

## Meet your Mentors

Peter Vitale - Physiotherapist | Clinical Director



There is a distinct pattern that we notice in all new graduates that are looking to embark on a private practice career, that is, they have had limited to no experience in a private practice setting and are not private practice prepared.

I enjoy helping our grads to consolidate their knowledge, identify gaps, direct them to relevant resources as well as practically get in and work with them to bridge the gap and set them up for success.

I'm really passionate about helping them to build the skills that they need to manage and build a caseload. I'm very hands on with our practitioners, where we co treat, work on developing manual skills, as well as assessment and diagnostic skills, create treatment maps and management plans to ensure that our treatment is world class. It's a real buzz working with physio's that are motivated to do a good job and are willing to put in the work to reach their goal



Craig Harrison - Senior Exercise Physiologist | Team Leader

I love being able to nurture and draw out the inquisitiveness and curiosity in our graduates when they apply their clinical decision making. Whether it is helping to develop their soft skills in communication, building a thorough knowledge in collaborative clinical care, or challenging beliefs around recovery and movement, it is highly rewarding to be so involved in this.

I feel my strengths as a practitioner with close to 10 years of clinical and mentoring experience with a large team of practitioners positions me well to help new graduates to build their own areas of strength, while supporting their drive towards excellence.

## This Opportunity is Unique

Enjoy the benefits of supported career pathways

- Mentoring in a supportive environment
- Being a member of a team that is values driven
- Internship/transition period that allows you to gain exposure to the daily operations of the practice before commencing formal employment

## **Our Expectations**

We value accountability and provide clarity around expectations:

- Living by our practice values
- Independently managing clients (assessment, diagnosis, planning, treatment, follow-up) with a team mindset
- Communicating with any relevant parties (GPs, specialists, insurance companies, etc)
- Actively participating in activities to attract and retain our clients
- Conducting activities such as community seminars, regular team professional development and practice-based non-clinical activities.



# we go above and beyond
# we find a better way
# honestly we care
# we are world class



### Remuneration

After your internship period, you will commence work in a part-time capacity with the view to increase to full time as your clinical and client management skills progress.

- This is a permanent position with a transparent remuneration structure that includes an annual salary, superannuation as well as leave entitlements.
- We believe in 'you get out what you put in', which is why we are so
  passionate about rewarding hard work and commitment. Your
  remuneration is a direct reflection of the value that you bring and is
  reviewed regularly.

## Career Progression & Lifestyle

- Great opportunities exist to further your career and follow your
  passion at Exercise for Rehabilitation and Health. We will work
  individually with you to build your desired career pathway whether it
  be related to further education, travel, ownership or something else
  that is really important to you.
- Located within 20 minutes of Melbourne's CBD, we are ideally situated in the leafy suburb of Essendon. With a tram stop right out the front and surrounded by parks and cafés, it is a great place to work.

# This is what you have been waiting for!

You will be warmly welcomed into our practice community, will be mentored for personal and professional growth.

You'll feel proud to be building something of significance and influence, passionate about developing relationships with clients and contributing to a culture of fun, excitement and community!

Our tailored position provides an opportunity to transition from university to work life in a supported manner and mentored by industry leading professionals, attend regular in-service programs with surgeons and expert health professionals, and enjoy a professional development allowance for external courses.

You will be surrounded by experienced and well respected health professionals in an environment that will both challenge and inspire you.

Our practice is fresh and our approach is modern and collaborative – you will be part of a team that will become your second family and our practice values guides everything we do.

## How to Apply

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The Graduate Plus+ Program is exactly what every young health professional needs. Let's help get you get private practice ready and develop you into an incredible practitioner and team member.

If this excites you and you would like to join our team please explain why you would be our ideal new team member and forward your cover letter and CV to nicole@exerciserehab.com.au with the headline "I'm Your Physio".

You can do also submit your application online www.exerciserehab.com.au/careers

#### Start Date: -

Commencement date of the position is flexible.

#### Closing Date: -

Applications must be received before 19th December 2021 in order to be considered. Short listing for this position will commence immediately, and we reserve the right to close this position earlier than stated. Only short-listed candidates will be contacted.

There are limited opportunities available, so get your application in early.

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